



**Attention**  
**all boys**  
**and girls**  
**in grades**  
**3-6**



# ROC E6

## Lacrosse Team

**Play Lacrosse for ROC E6, Coach Arkee Allen and Art Alvut.  
Third Year of Youth Lacrosse in the City of Rochester**

**Season runs April 5<sup>th</sup> – June 19<sup>th</sup> 2010.  
Practice M, W, F, 6-8 p.m. Games Saturday mornings.  
Two teams: 3<sup>rd</sup> – 4<sup>th</sup> graders and 5<sup>th</sup> – 6<sup>th</sup> graders.**

**Practice and home games at East High School.  
Uniform, Equipment, and Stick provided by the team.  
(discounted sticks will be offered for sale at first practice)  
Donations accepted but there is NO FEE. Hurry, space is limited!**

**Register at East High School Main Lobby on Monday April 5<sup>th</sup> at 6pm.  
Equipment Fitting will take place April 7<sup>th</sup> at the first practice!  
First FULL PRACTICE is Friday April 9<sup>th</sup>, 6 pm.**

**Questions: Contact Art Alvut at: [art@roce6.com](mailto:art@roce6.com) or 585-662-7470  
Registration forms available online [www.roce6.com](http://www.roce6.com) or at open registration.**

Players must bring a copy of most recent report card for grade verification. Players with less than a 2.00 GPA will be tutored through the program.